



Season 2022

By Lawrence Henry

Dear CYs supporters,

Firstly, thank you for the support you have shown to the women's team over the past four seasons, particularly the past two which have thrown up a unique set of challenges.

2022 will be the 5th season of competition for the Seagals, a milestone worth celebrating. You are likely aware our women have competed in finals in each year of competition, played in a grand final in which we were narrowly defeated and climbed from Division 3 to Division 1. To go up divisions and continue to remain competitive is always the CYs way and the spirit of our women exemplifies that point.



I have thoroughly enjoyed my four years coaching the CYs women and looking forward to our fifth being a great year for the club and our women's team.

The playing group has experienced significant turnover in the off season. There have been retirements and long-term injuries, however on a positive note 2021 best and fairest, Andrea Cameron and promising ruck, Jess Bartels are expecting babies in the coming months. We have 6 players listed on Williamstown's VFLw team and our 2019 best and fairest, Shannon Egan has departed for an opportunity at Darebin VFLw. We wish them all well in 2022.

Our preseason has presented as a milestone year and a chance to refresh after two COVID impacted seasons. Attendance at training has been excellent and the team is enjoying a closer training relationship with the men, a focus on rebuilding our fitness base and a lot of game play to hone the skills under match conditions. Of the 15 players to make their debut in 2022, look out for Sarah Thomas, Alessia Aquaro and Ally Woodhead to make a huge impact in the midfield and Kiara Palmer to be a ball magnet in her second season. All are training the house down.

Premiership player, Jack Gray has joined the coaching team in a development role, Jack's experience, professionalism and personable approach has allowed him to settle in quickly. We look forward to the impact Jack will have on the group in 2022.

We also wish the under 18s girls at Willy Juniors the very best in their first season of competition.

Lastly, the Seagals will feature on Friday nights at the Fearon on three occasions this season. If not on a Saturday at Loft Reserve, we can't wait to have the full support of the CYs community out in force to cheer on the team.

Go CYs.